

Collaborating with Youth to Empower Wellness





The REALITY

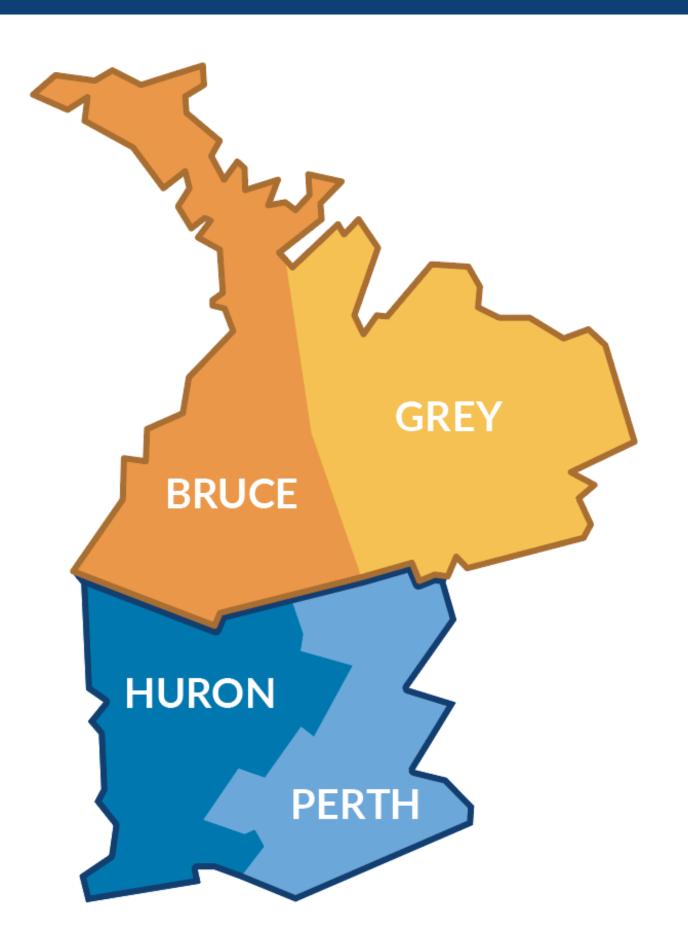
- 1 in 4 Canadian youth 15–26 experience mental health and substance use disorders.
- Huron, Perth, Grey & Bruce youth ages 18-29, experienced a **100% increase** in males and **79% increase** in females who reported poor mental health.
- Regular heavy drinking, addiction and substance use is an immediate health concern, with self-reported use in Grey, Bruce, Huron and Perth tracking higher than the provincial average.
- Suicide is the 2nd leading cause of death among youth 12-24 in Ontario. Suicide rates in our communities are again **higher than the provincial average**.

OUR VISION

Healthy, safe and well young people.

OUR VALUES

Youth-Centred Collaboration Inclusion Innovation Integrity Curiosity



OUR MISSION

Engaging rural youth and communities to codevelop and colead the development of safe, accessible spaces for youth to belong and receive wellness care and supports





Community Collaboration



Roadmap



Youth Wellness Hubs



- Walk-in services
- One stop shop of integrated services
- Evidence based interventions
- Services matching the level of need
- Focus on transitional age youth 12 25
- Co-created with youth & families



Local Impact

- √ Focuses on intervention and prevention
- ✓ Increased access for youth to service
- ✓ Provides safe space, belonging and connection
- Increased youth retention in local communities
- ✓ Model of care that is transferable across Ontario 27 sites



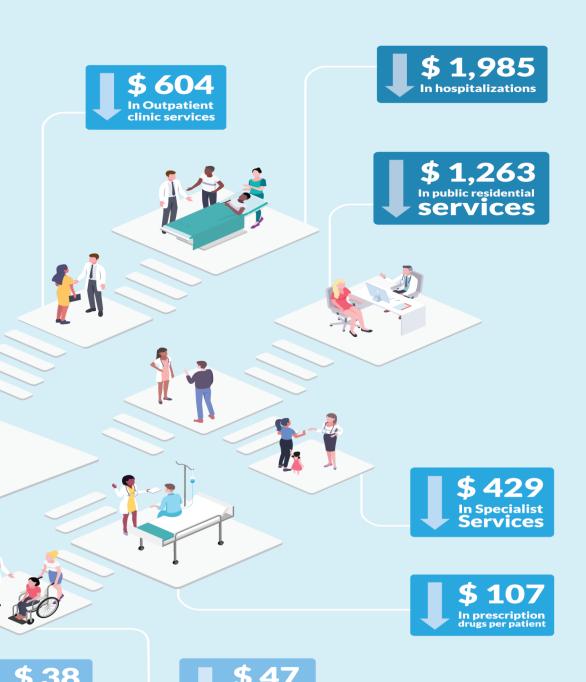
Community Impact

- √ Fewer ER visits
- Decreased global and local economic burden
- ✓ Increased youth retention in rural communities
- Decreased siloed health systems
- Decreased burden of care on local service providers



Every \$1 Invested RETURNS \$9.61

Donations can lead to a REDUCTION OF ANNUAL HEALTHCARE COSTS BY:



Financial Impact



Fundraising Campaign

- **√** \$6 000 000
 - = 4 hubs, outreach and mobile services with 3 yrs. of sustainability
- √ Strategic Fundraising Goals:
 - Infrastructure and Facility Expansion
 - Service Delivery & Staffing
 - Youth Engagement & Co-Design Initiatives
 - Digital and Technological Innovation
 - Research, Evaluation and Sustainability



Possible Requests from Council



- √ Letter of Support
- Locations
- ✓ Collaborations



Questions

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