



Gateway Haven News

Together We Make A Difference!

September 2024

BeaverTails Truck

The BeaverTails truck was on site at Gateway Haven to serve complimentary coffee and delicious BeaverTails pastries to all our staff on August 14. The staff appreciation event was put on to recognize the staff's ongoing commitment and support of student learners and preceptors from local colleges.



September Events

- **September 8** - National Grandparents Day - come celebrate your grandparents with us!
- **September 12** - Music with Dave the Piano Man
- **September 16** - Music with Bruce
- **September 16** - 22nd - Resident Councils Week
- **September 21** - World Alzheimer's Day - Coffee Break
- **September 24** - Music with Cathy Kempart!
- **September 30** - Orange Shirt Day

Paralympics Food Drive

While the Olympics and Paralympics are a time where the world comes together, filled with good stories and community, we thought this would be a great time to bring some good news to our own community. We will be running a food drive to support our local food bank from now until the end of the Paralympics on September 8! With back to school upon us, and increased costs to families, let's help stock their shelves. After speaking to our local food bank, they have requested support in obtaining these items: juice 1L tetra packs, apple sauce, canned fruit, Kraft dinner, pasta sauce (they have lots of pasta, just need the sauce!), canned meat - tuna or salmon, and sugar, flour, rice - if you buy in large quantities, they will divide it up in smaller bags for families. The food bank is also in need of tampons, pads, soap, shampoo, toothpaste, and various other toiletries.



If you are able to support either by purchasing products to donate, or by donating money, our local food bank would greatly appreciate it. If you'd like to donate cash, please see our Visitor Services Team at the front desk! Thank you for joining us in supporting our community!

Interim Director Of Nursing: Rachel Rowney

While we are actively recruiting for the Director of Nursing position at Gateway Haven, we have decided to appoint an interim manager to ensure the smooth operations and continued support for our team. Rachel Rowney will join the team on August 6, 2024, as an interim Director of Nursing. Rachel holds a bachelor's degree for Science in Nursing and is currently working on obtaining her Master of Science in Nursing through the University of Ottawa. Rachel's office is on the main floor behind reception desk and can be contacted via email at rrowney@brucecounty.on.ca after August 6, 2024. Please join us in welcoming Rachel to the team!



Local Events

Warton & District Agricultural Society Fall Fair - September 20 & 21

Take a stroll down to the Warton & District Agricultural Society Fall Fair on Friday, September 20 and Saturday, September 21.

The Horse Pull kicks off on Friday evening at 6:45 PM at the ball diamond, and the doors to the arena open at 7:00 PM, for entertainment, ambassador crowning, indoor exhibits and the Farmers Olympics. Saturday starts with a Harvest Breakfast at the curling club, and the rest of the day is filled with a baby show, children's games, heavy horses, and a Western show.

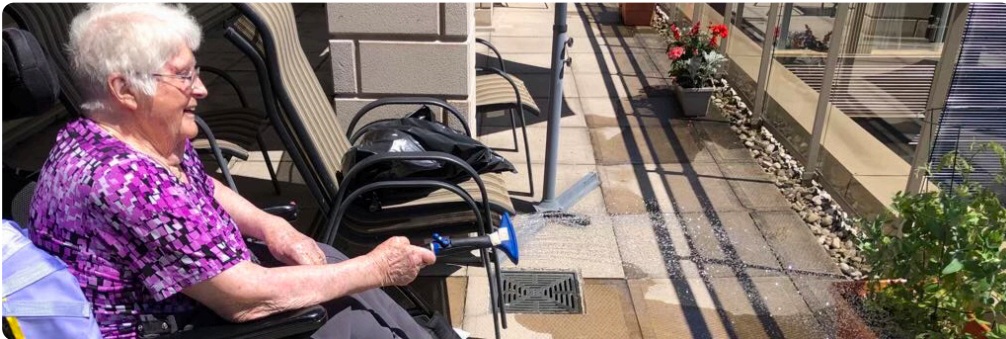
If you're taking your loved one out on a stroll to the fair, please make sure you let the Nursing team know that your resident will be out, and when you expect to return. We hope you enjoy!



.....

Horticulture Therapy

The residents are enjoying Horticulture Therapy with Amy weekly. In July, they used the basil they planted earlier in the season to make their very own pesto! Residents not only get involved in planting our beautiful planters and hanging baskets throughout the property, but also take part in the upkeep - connecting them back to their gardening roots.



Residents' Council Week - September 16 To September 22

Everyone who lives in the long-term care home is a member of the Residents' Council - even those who are unable or choose not to attend meetings. Residents who attend meetings, and share their thoughts and ideas, contribute to the collective voice of residents and help influence positive change in the home.



What Can Residents Do?

- Know their rights and ask the home's leadership team to show residents how the Resident Bill of Rights is alive in the home.
- Understand the powers of the Residents' Council and exercise those powers.
- Be involved in the life of the home by getting to know other residents and team members, attending programs, and asking questions.
- Share your thoughts, compliments, and concerns at Council meetings and contribute to the collective voice of residents.
- Collaborate in problem-solving and contribute to generating solutions.

Family Education Sessions

Grey County and Bruce County Long-Term Care are hosting four Family Education Sessions this fall to provide valuable insight on important topics. The sessions will focus on Power of Attorney Rights and Responsibilities, as well as Long-Term Care Homes Rights and Responsibilities. Guest speaker Angela Yenssen, a staff lawyer with the Grey Bruce Community Legal Clinic, will lead the discussions. The sessions will be offered at no charge and will take place on:

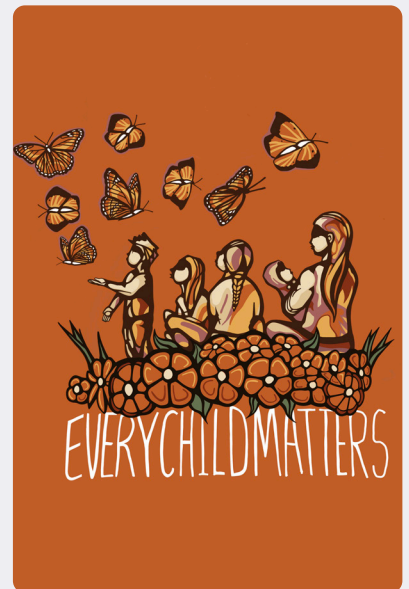
- September 30 at the Sydenham Campus in Owen Sound.
- October 2 at Gateway Haven in Warton.
- October 7 at Rockwood Terrace in Durham.
- October 9 at Brucelea Haven in Walkerton.

All sessions will be held from 7:00 PM to 8:30 PM. Attendees can gain a better understanding of these critical issues. Those interested in attending, please contact Raelynn Aljoe by September 20 or by contacting Angela Yenssen at angela.yenssen@gbclc.clcj.ca or by phone at 519-370-2200, ext. 33 for more information.



National Day For Truth And Reconciliation

On September 30, join us in wearing an orange shirt in observation of National Day for Truth and Reconciliation. This day serves as a significant opportunity for all Canadians to acknowledge, remember, and contemplate the tragic history and lasting impact of residential schools on Indigenous people and communities. In pursuit of our ongoing reconciliation efforts, Bruce County is committed to an Indigenous Reconciliation Planning Initiative. This initiative seeks to promote Indigenous cultural awareness and intercultural competency within the County, with the goal of developing a collaborative Indigenous Reconciliation Plan.



Pet Therapy

My name is Erin Hill. Along with my dog Islay we are a therapy dog team serving as volunteers with Saint John Ambulance. My family and I live in London, Ontario but also spend time year round at our cottage in Oliphant. Islay loves her job as a therapy dog bringing comfort and smiles on all her visits. As Islay's partner in this volunteer opportunity I am privileged to witness the social and emotional benefits of the unconditional love that a dog provides. We are looking forward to visiting monthly with the residents of Gateway Haven!



Olympic Spirit

The residents got in the Olympic spirit, creating two teams and competing for gold, silver, and bronze bragging rights! The games included many events, including Noodle Javelin - pictured below.



Family & Guest Meals

Gateway Haven is pleased to offer guest meals for any family or friends of our residents who wish to join their loved one for a meal (breakfast, lunch or dinner). To ensure availability, we ask that those interested speak with Visitor Reception Services Monday to Friday (8:30 AM to 4:30 PM) to purchase a meal ticket.

Our receptionist will require - at minimum - two hours' notice, as well as when and how many guests will be joining (max 3 guests). The receptionist will advise the dietary and nursing departments of the date, time and number of guests, to guarantee the unit's Activity Room is reserved and your loved one is ready.

Kindly note: for holiday meals, we require a minimum of 24 hours' notice. Please be advised that effective September 1, the price of meal tickets will increase to \$10.00 (breakfast, lunch, or dinner).

We hope you will consider joining your loved one in the future for any meal; it brings so much joy to all!

Leadership Contact Information

Megan Garland - Interim Administrator
Ext. 3105 mgarland@brucecounty.on.ca

Jorya Foster - Administrative Supervisor
Ext. 3104 jofoster@brucecounty.on.ca

Lesley Prowse - Visitor Services/Reception
Ext. 3102 lprowse@brucecounty.on.ca

Rachel Rowney - Interim Director of Nursing
Ext. 3141 rrowney@brucecounty.on.ca

Ian Reich - Nurse Manager - 2nd Floor
Ext. 3251 ireich@brucecounty.on.ca

Emmy Seeley - Nurse Manager - 3rd Floor
Ext. 3250 eseeley@brucecounty.on.ca

Tashynna Nault - Clinical Care Coordinator - 2nd Floor
Ext. 3543 tnault@brucecounty.on.ca

Liz Duggan-Ferrier - Clinical Care Coordinator - 3rd Floor
Ext. 3443 edugganferrier@brucecounty.on.ca

Les MacLachlan - Recreation & Leisure Manager
Ext. 3147 lmaclachlan@brucecounty.on.ca

Debbie Hargrave - Dietary Services Manager
Ext. 3106 dhargrave@brucecounty.on.ca

Trevor McFadden - Environmental Services Manager
Ext. 3134 tmcfadden@brucecounty.on.ca

Friendly Reminder If You Are Leaving The Building With A Resident

We love when residents get to go out for a drive, lunch or a friendly visit with their loved ones; however, please ensure that you notify us that your loved one is leaving the unit and building. This is a friendly reminder that a sign-out binder for all residents is available in the nurse's station on each unit. Prior to escorting a resident out of the home for any length of time, all visitors must notify the nurse and sign out their resident. Upon their return, visitors must again notify the nurse and sign in their resident. This will aid in ensuring the whereabouts of our residents are always known to the unit nurse. We thank you for your understanding with this matter.

.....

Alzheimer's Society Coffee Break: September 21

We will be hosting an Alzheimer's Society Coffee Break at 1:30 PM on September 21 which is World Alzheimer's Day. The Coffee Break will be an opportunity to join us for coffee, sweets, a chat, and information about Alzheimer's and the supports available to families with loved ones with Alzheimer's. This event will be free to attend, however, we do encourage a small donation if you're able, in order to help us raise money for our local Alzheimer Society of Grey-Bruce.

Alzheimer Society
GREY - BRUCE



Gateway Haven

671 Frank Street,
Warton, ON, N0H 2T0

519-534-1113
gatewayhavenreception@brucecounty.on.ca

www.brucecounty.on.ca

