

Brucelea Haven News

Together We Make A Difference!

July 2024

Grandfriends BBQ

Since October 2023, our Brucelea Haven residents have shared in a wonderful partnership with Ms. Ellis-Smith's Grade 8 class from Mildmay-Carrick Elementary school. The relationships that have blossomed from this program are so unique and special. We are so thankful for the time these students have dedicated to our home and their Grandfriends.

This month, the students visited and we shared a BBQ lunch together in honour of Father's day. Our residents had also prepared homemade cards and keychains for their student for their graduation.



July Special Events

- **July 1** - Strawberry Social with David Latham
- **July 4** - Brockton Summer Day Camp Visit
- **July 5** - BBQ Lunch for 3 West
- **July 10** - Bus Trip: Durham Conservation Area for a Picnic
- **July 12** - BBQ Lunch for 2 South
- **July 12** - Afternoon Car Show *tentative*
- **July 16** - Birthday Party with James Skarnikat
- **July 16** - Brockton Summer Day Camp Visit
- **July 18** - Bus Trip: Lord Elgin's Fish & Chips
- **July 19** - Early On Visit: Story Stroll in the Garden
- **July 19** - BBQ Lunch for 4 West
- **July 19** - Music with Ray Richards
- **July 19** - Birthday Party with Cathy Kempert (2 South)
- **July 20** - Music with Brent Meidinger
- **July 24** - Bus Trip: Fishing Trip to "The Puddle"
- **July 24** - Bus Trip: Afternoon Drive for Ice Cream
- **July 25** - Brockton Summer Day Camp Visit
- **July 26** - Summer Olympics Begin! July 26 to August 11
- **July 26** - BBQ Lunch for 3 South
- **July 31** - Brockton Summer Day Camp Visit

Bus Trip To Gail's Farm

On June 12, we ventured out to Gail's horse farm for some horse pets and a jumping show. Thank you Gail and her students for the wonderful visit!



Father's Day Celebrations

"The older I get, the smarter my father seems to get."
- Tim Russert

Residents at Brucelea Haven have enjoyed spending the month of June celebrating the men in our lives – the Father's, Grandfathers, Uncles, Brothers, and friends who all contribute to our well-being.

This month we have enjoyed music from Joe Passion, Foot Beer Floats, and a home wide breakfast club to celebrate the Dad's!



Family Council

The Family Council is a forum where members share experiences, learn, and exchange information for the purpose of enabling quality of life and care through dialogue and collaboration with each other, staff, families, and residents. The Council hosts regular meetings where members connect on issues of importance, receive information on home-level developments, engage in education, provide thoughtful leadership to Brucelea Haven on key issues and make suggestions for improvement. This Council tries to better the Home through constructive feedback and support. The focus of this group is on "whole home" issues. If you have a specific concern regarding your loved one, please reach out to a BLH team member.

The Council is a collective voice to improve services and care through collaboration and partnership. Brucelea Haven is looking to reestablish their Family Council. If you have any questions about the Family Council, please contact the Recreation & Leisure Manager, Katrina Tolton at 519-881-1570 ex. 315 or ktolton@brucecounty.on.ca. For more information on Family Councils, please visit: www.fco.ngo.



Family
Councils
Ontario

Crafting

Brucelea Haven has some talented crafters here! This past month we enjoyed making these sunflower pots with our new summer student, Jennifer. Our high school co-op student, Isobelle also completed her term with us by facilitating a flower craft with each floor. She then combined all of our efforts into the new 'Everything Blooms with Love' board in our main lobby.

We want to thank all our students for their wonderful contributions to our home this term.



Senior's Month - "Working For Seniors"

Our Lemonade Social in honour of Seniors month was a heartwarming event that recognized and celebrated the invaluable individuals who have enriched our lives and have made Ontario the great place it is today!

Laughter filled the room as we reminisced and shared stories of past roles, life experiences and lessons learned. Residents shared what they felt they have contributed to their communities over the years - whether that was working, volunteering, raising their family - among many other contributions.

As we reflect on Seniors month, let us continue to cherish and celebrate the wisdom and legacy of our seniors whose efforts continue to inspire us all!



Dignity Quilt Donation

"Every quilt tells a story"
- unknown

The residents of Brucelea haven extend a heartfelt thank you to the members of the New Millenium Quilt Guild for their generous donations of a new Dignity Quilt to our home, as well as an additional 4 quilts donated for anyone who needs one.



Music With Helen Stewart

The residents enjoyed a performance by Helen Stewart - who travels all the way from Elmvale to sing and play for us! It's always a wonderful time when Helen is here!



Butterflies

Throughout the month of May, each floor has been tending to and caring for Painted Lady caterpillars, now turned butterflies! What a fun experience to watch these caterpillars go through their transformation to beautiful painted lady butterflies! We released the butterflies in our garden on a warm sunny day!



Friday BBQs On The Patio

Brucelea Haven residents have been enjoying taking advantage of the beautiful outdoors by hosting BBQ lunches where residents can enjoy their lunch meal in a relaxed and natural setting. This initiative aims to enhance mealtime experiences and create opportunities for residents to connect with nature and each other, and we have had wonderful feedback thus far. The Recreation team will support this program in partnership with our kitchen and will attempt to invite each resident over the summer season. Please watch for your home area BBQ lunch and let your recreation team member know if you would like to participate.



Breakfast Club On The Balcony

Third floor residents enjoyed a beautiful morning Breakfast Club on the Balcony, complete with homemade bread, homemade strawberry jam, bacon and eggs made to order!



Senior Scams

On June 25, Brucelea Haven residents received a presentation by OPP Officer Barfoot, educating us on senior scams and fraudulent activities for seniors to be aware of. We thank Officer Barfoot for her time and the education she provided us on these topics.



Ukelele Band

On June 17, we enjoyed a performance from the Ukelele Band.



Sun Safety This Summer

The sunny and hot days of summer are upon us, and we encourage you to enjoy the lovely outdoor spaces at Brucelea Haven with your loved one. However, we would like to share a few friendly reminders with families and friends to support safe enjoyment of the outdoors. Here are a few to keep in mind:

- **Cover Up:** Hats offer good protection from the sun's harmful rays. Please provide and encourage your loved one to wear a wide-brimmed hat or seek out shaded areas when spending time outdoors. The front entrance and home area patios offer lovely, shaded spaces for you to enjoy the sights and sounds of summer together.
- **Sunscreen Protection:** It's a good idea to apply sunscreen to exposed areas like the face, arms, and neck before heading outside. A sunscreen dispenser is available at the rear exit to the back courtyard for your convenience.
- **Stay Hydrated:** With the warm weather it is important to stay hydrated. Encourage your loved one to drink fluids when outdoors. Water is the best choice to keep them feeling refreshed and energized. Please check with a member of the care team if you are unsure about your loved one's dietary needs.

By following these simple safety tips, everyone can enjoy the summer sunshine safely, thank-you for your support!

Wine & Cheese

At the end of May, Brucelea Haven residents were treated to a wine & cheese event. Tara lead us through a wine & cheese pairing, encouraging us to really use our senses to appreciate the flavours in the wine. Such a fun afternoon!



Welcome Tyler Wallace - Our Summer Maintenance Student!

Hi, my name is Tyler Wallace, and I am from Walkerton. I have lived and gone to school here my whole life. Some of my hobbies and interests are sports, fishing, and hanging out with friends. I'm a big fan of watching and playing hockey, basketball, and baseball. I just started here at Brucelea and I am working as a maintenance/landscaping worker. Looking forward to being here for the summer!



Brucelea Haven

41 McGivern Street West,
Walkerton, ON, N0G 2V0

519-881-1570

bruceleahavenreception@brucecounty.on.ca

www.brucecounty.on.ca



45.0°N 81.3°W

BRUCE
county